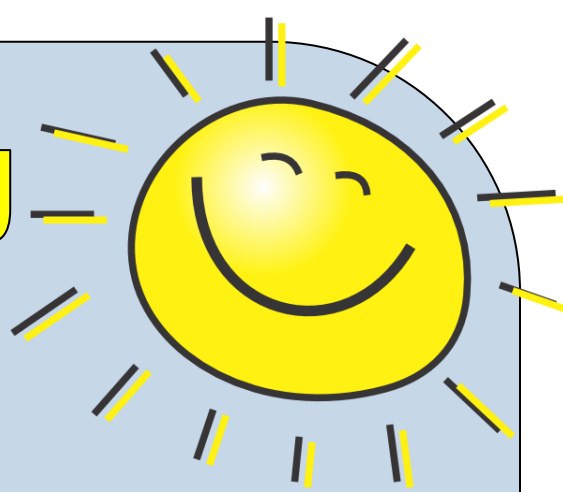


# Summer holiday activity ideas



Are you looking for something to do this summer? This handy leaflet has lots of ideas about local activities that you can get involved in...

## multi-sports



Multi-sports camps including dodgeball, benchball, football, tennis, diamond cricket, rounders, agility skills and more...

Hetton School  
w/b Mon 28<sup>th</sup> July, Mon 4<sup>th</sup> Aug, Mon 11<sup>th</sup> Aug, Mon 18<sup>th</sup> Aug

Also available at many venues in Sunderland, East Durham and Washington.

Cost is £5 per day

Call 0191 5194322 or visit website [www.acgsports.co.uk](http://www.acgsports.co.uk) and follow links to summer sports camps

Basketball under 14s FUNdamentals camp runs for one week only

Mon 18<sup>th</sup>- Fri 22<sup>nd</sup> August 9.30am-4pm at Maiden Castle, Durham

For more information call 0191 334 4737 or e-mail [durhamwildcats@durham.ac.uk](mailto:durhamwildcats@durham.ac.uk) or visit the website [www.godurhamwildcats.com](http://www.godurhamwildcats.com)



## basketball

Durham County Cricket Club are running a one-week only Summer School for 8-13 year olds.

Tue 28<sup>th</sup> – Fri 31<sup>st</sup> July 2014 10am-3pm

Call 0191 387 2816

## cricket



Activate Theatre are hosting a one week only stage school summer workshop

ending in a performance at North Durham Academy, Stanley

mini stars (4-7yr olds) 9.30am-1pm rising stars (8-16yr olds) 10am-4pm

Mon 28<sup>th</sup> July – Fri 1<sup>st</sup> August

Call 0191 3737200 for more information or visit the website [www.activate-theatre.com](http://www.activate-theatre.com)



## performing arts

The SAFC foundation are running a range of sports camps throughout the summer holidays at various venues.

Nearest ones to here are at Belmont Community school or Goals soccer centre Sunderland (on Durham Road)

These courses run from 10-3 and cost £15 for 2 days. For more information about how to book see Wes at school, visit the SAFC website or look out for the SAFC foundation flyer which is coming out shortly.



sports

art and craft



'Experience Durham' through Durham University have a range of art and craft activities to join in with.

Sat July 19<sup>th</sup>, 1pm-3pm- Become an archaeologist at Oriental Museum Durham. Call 0191 3345691 to book.

Wed July 23<sup>rd</sup>- Dress like a pharaoh at Oriental Museum Durham 1pm-3pm

Thu July 24<sup>th</sup> /Thu Aug 21<sup>st</sup> - Jay's animal encounter at Botanic Gardens Durham. See a whole range of animals at this event.

Fri July 25<sup>th</sup> - Make your own Korean wedding ducks at Oriental Museum Durham. 1pm-3pm

Thu July 31<sup>st</sup> /Thu Aug 14<sup>th</sup> – Teddy Bear's Picnic at Botanic Gardens Durham.

Fri Aug 1<sup>st</sup> - Make your own mummified cat at Oriental Museum Durham. 1pm-3pm

Thu Aug 7<sup>th</sup>- Marko's circus skills workshop at Botanic Gardens Durham

Fri Aug 15<sup>th</sup>- Make your own terracotta warrior out of clay at Oriental Museum Durham. 1pm-3pm

Wed Aug 20<sup>th</sup>- Make your own mini Japanese Zen Garden at Oriental Museum Durham. 1pm-3pm

and many, many more activities...

see [www.dur.ac.uk/oriental.museum/events/](http://www.dur.ac.uk/oriental.museum/events/) and [www.dur.ac.uk/botanic.garden/whatson/events](http://www.dur.ac.uk/botanic.garden/whatson/events) for more details

Nature Rangers meet every Tuesday of the school holidays at Rainton Meadows visitor centre at 1pm

The sessions cost just 50p each!

Tue July 22<sup>nd</sup> – Taste with your feet! Just like the butterflies

Tue July 29<sup>th</sup>- Play some watery games as you go pond-dipping

Tue August 5<sup>th</sup> – Find out all about bees

Tue August 12<sup>th</sup> – Make your own wormery

Tues Aug 19<sup>th</sup> – Make a hedgehog hibernation box to take home

Tue Aug 26<sup>th</sup> –Whacky wildlife games day!

Call Annette Morris on 0191 5842821 for more details



nature rangers

Adventure Bear's top tips for staying safe this summer:



Play only in safe areas of the village and surrounding areas



Stick to rules and boundaries set by people who care for you (including when playing online games)



Get involved in organised activities